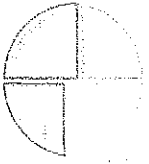


GUERIN COLLEGE PREP LUNCH MENU FOR JANUARY 2012

Lunch Price: \$ 4.50
Milk: \$.65

Daily Offerings:
Made To Order
Veggie Burgers, Wraps
And Vegetable Trays,
Homemade Soups
Vegetables: Available
With every meal
Bread Choices: Wheat
Multi Grain and White,
Serving More
Local & Organic Options.

All items may be purchased
a la carte or be combined



Please contact the Quest office if
you have any questions,
comments, concerns or needs.

Food Service Director
Alejandra Ahmed
(708) 437-4778
aalimed1@guerinprep.org
Menu subject to change.

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|----|-----|--|--|--|--|--|
| 2 | JAN | | | | | |
| 3 | JAN | | | | | |
| 4 | JAN | Bow-Tie Pasta Primavera Small Side Salad, Garlic Bread | Homemade Meatball Sub Your Choice of Soup, Fries or Vegetables | | | |
| 5 | JAN | Chicken Fajita, Tortillas Spanish Rice, Fresh Salsa | Steak or Mushroom Quesadillas Your Choice of Soup, Rice Fries or Roasted Vegetables | | | |
| 6 | JAN | Baked Tilapia, Green Beans Buttered Garlic Noodles | Tuscan Smoked Turkey Breast Sandwich w/ Fries, Soup or Roasted Vegetables | | | |
| 9 | JAN | Lemon Chicken, Rice Pilaf and Steamed Broccoli | Spaghetti w/ Marinara Sauce Garlic Bread, Small Side Salad Pepperoni Pizza Bagel Your Choice of Fries Soup or Roasted Vegetables | | | |
| 10 | JAN | Two Vegetarian Eggrolls Chicken Fried Rice w/ Veggies Gyro on Pita Bread Sandwich w/ Fries Homemade Soup or Vegetables | Ground Beef & Potato Tacos Puerto Rican Rice, Salsa Chicken Burrito Your Choice of Fries, Rice, Soup Or Roasted Vegetables | | | |
| 16 | JAN | Grilled Monte Cristo Sandwich Homemade soup or Vegetables | Chicken Alfredo w/ Fettuccini Pasta Garlic Bread, Small Side Salad | | | |
| 17 | JAN | Pork Tenderloin Stir-Fry Asian Noodles | 1/4 lb Bacon Cheese Burger Your Choice of Fries, Rice Homemade Soup or Vegetables | | | |
| 18 | JAN | Maxwell Street Style Polish Sausage Your Choice of Fries Homemade Soup or Vegetables | Chicken Cheese Enchilada Mexican Rice, Fresh Salsa | | | |
| 23 | JAN | Gianbotta Dinner Buttered Noodles Roasted Potatoes and Peppers | Chicken Chipotle Rice and Black Beans | | | |
| 24 | JAN | Beef and Broccoli Steamed White Rice | Steak Torta Sandwich Your Choice of Fries, Rice Homemade Soup or Vegetables | | | |
| 25 | JAN | Two Grilled Cheese Sandwichs Your Choice of Fries Homemade Soup or Vegetables | Chicken Cordon Bleu Sandwich w/ Fries Homemade Soup or Vegetables | | | |
| 26 | JAN | Italian Sausage w/ Peppers Your Choice of Fries Homemade Soup or Vegetables | Two Beef Hotdogs Your Choice of Fries Homemade Soup or Vegetables | | | |
| 30 | JAN | Bacon, Lettuce, Tomato Sand, on Lightly Toasted Wheat Your Choice of Fries Homemade Soup or Vegetables | Swedish Meatballs Buttered Noodles Green Beans | | | |
| 31 | JAN | Grilled Cheese Sandwich Your Choice of Fries Homemade Soup or Vegetables | Beef Teriyaki Vegetarian Fried Rice | | | |